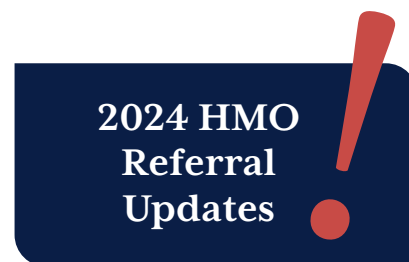




Insurance Company, Inc.



2024 REFERRAL REQUIREMENTS

(Not All Services Require a Referral)

Service	Referral required?
Acupuncture for Chronic Low Back Pain (American Specialty Health-ASH network)	NO
Cardiac Rehabilitation Services / Intensive Cardiac Rehabilitation	YES
Chiropractic Services	NO
Outpatient Mental Health Care	YES
Outpatient Rehabilitation Services (Physical, Occupational & Speech Therapy)	YES
Opioid Treatment Program Services	YES
Outpatient Diagnostic Tests and Therapeutic Services and Supplies	YES
Outpatient Substance Abuse Services	YES
Physician Specialist (and other healthcare professionals practicing as a primary care provider or specialist)	NO
Podiatry Services	YES
Pulmonary Rehabilitation Services	YES
Supervised Exercise Therapy (SET)	YES

To get more information about costs, benefits, or rules please review the Evidence of Coverage, which is located on our website at cnhealthplan.com or contact your Customer Experience Team.

NOTE: Some providers may require an internal referral from the referring physician for treatment planning even when Care N' Care does not require one. Care N Care may require referrals for claims purposes only.

For further questions, please contact your Customer Experience Team at 1-877-374-7993. (TTY 711), October 1 - March 31, 8 a.m. – 8 p.m. CST, 7 days a week; April 1 - September 30, 8 a.m. – 8 p.m. CST, Monday through Friday.

Care N' Care Insurance Company, Inc. (Care N' Care) is an HMO and PPO plan with a Medicare contract. Enrollment in Care N' Care depends on contract renewal.

Y0107_24_146_C