



Mom's Meals®

Improving life through better nutrition at home

At Care N' Care (HMO/PPO), we recognize the importance of having access to the right nutrition, which is why we have partnered with Mom's Meals. Whether recovering from a stay in the hospital or skilled nursing facility or managing a chronic condition, we ensure members get the nutrition they need for better health at every stage in life

Members under care management with certain chronic conditions may be eligible to receive healthy meals as part of a supervised program to transition to a lifestyle modification. The benefit is only eligible to members post discharge and under care management with certain chronic conditions including AIDS, asthma, chronic obstructive pulmonary disease (COPD), congestive heart failure, coronary artery disease, diabetes, hypertension, and chronic kidney disease (CKD).

Our Difference

Refrigerated – Ready to heat, eat and enjoy in minutes.

Medically Tailored – Supports the needs of most common chronic conditions.

Choice of Every Meal, Every Delivery*

Delivery to Any Address – No matter how remote.

Compassionate Customer Service

The Right Nutrition

Menus tailored to meet the needs of most major health conditions.



Heart Friendly



Gluten Free



Lower Sodium



Renal Friendly



Cancer Support



Pureed



Diabetes Friendly



General Wellness



Vegetarian

How it Works

Beneficiaries may receive a maximum of 3 meals a day up to 2 weeks per condition. Immediately following surgery or inpatient hospitalization, beneficiaries may receive 3 meals per day for up to 2 weeks, up to 2 discharges per year.

1. Contact your case manager or health plan
2. Case manager or health plan will provide paperwork to Mom's Meals
3. Meals are delivered to your home



Have Questions or Need Assistance? Contact your Customer Experience Team.



1-877-374-7993 (TTY 711) October 1 - March 31, 8 a.m. to 8 p.m. CST, seven days a week or April 1 - September 30, 8 a.m. to 8 p.m. CST, Monday through Friday.



YourTeam@cnhealthplan.com

Care N' Care Insurance Company, Inc. (Care N' Care) is an HMO and PPO plan with a Medicare contract. Enrollment in Care N' Care depends on contract renewal. *Initial deliveries will have a variety of meals based on dietary preferences