

24-Hour Nurse Advice Line

Why worry if you don't have to?

Waking up with a fever at 2 a.m.
A cough that won't go away.
A sharp pain in your side.

If you're concerned, advice is just a phone call away.
Care N' Care (HMO/PPO) Nurse Advice Line is available 24 hours a day, 365 days a year to answer questions, assess symptoms and help you decide if you should call your doctor, head to the ER or urgent care, or treat your concerns at home.

Registered nurses are available anytime, day or night, when you call our Nurse Advice Line.

It's peace of mind—at no cost to you.

Add us to your phone contacts today.

844-209-3635

Have Questions or Need Assistance? Contact your Customer Experience Team.



1-877-374-7993 (TTY 711) October 1 - March 31, 8 a.m. to 8 p.m. CST, seven days a week or April 1 - September 30, 8 a.m. to 8 p.m. CST, Monday through Friday.



YourTeam@cnhealthplan.com

Care N' Care Insurance Company, Inc. (Care N' Care) is an HMO and PPO plan with a Medicare contract. Enrollment in Care N' Care depends on contract renewal.