



# Over-the-Counter Benefit

Savings easy and convenient from your home



Over-the-counter (OTC) drugs and supplies can be expensive. That's why Care N' Care (HMO/PPO) offers a way to save money on these items and have them conveniently delivered to your home, saving you time and money.

Choose from hundreds of high-quality items in the following categories:



Oral Care



Orthopedic Supports



First Aid



Home Medical



Leg and Foot Care



Skin Care

Two easy ways to order:

**Online**

[medlineotc.com/cnc](http://medlineotc.com/cnc)

**Phone**

833-492-9866 (TTY 800-770-5531)

We ship your products directly to your door at no additional cost.

Plan Name	Allowance Every 3 Months
Care N' Care Classic (HMO)	\$75
Southwestern Health Select (HMO)	\$100
Care N' Care Choice Premium (PPO)	\$130
Care N' Care Choice Plus (PPO)	\$90
Care N' Care Choice (PPO)	\$90
Care N' Care Choice MA-Only (PPO)	\$75

*Have Questions or Need Assistance? Contact your Customer Experience Team.*



**1-877-374-7993 (TTY 711)** October 1 - March 31, 8 a.m. to 8 p.m. CST, seven days a week or April 1 - September 30, 8 a.m. to 8 p.m. CST, Monday through Friday.



**[YourTeam@cnchealthplan.com](mailto:YourTeam@cnchealthplan.com)**

Allowance every quarter toward the purchase of select OTC health and wellness items like pain relievers, cough and cold medicine, vitamins, sunscreens and bandages, through a mail order catalog. Orders are shipped by the U.S. postal service at no additional cost. View the catalog at [cnchealthplan.com/our-plans-2024/plan-documents-2024/](http://cnchealthplan.com/our-plans-2024/plan-documents-2024/). Care N' Care Insurance Company, Inc. (Care N' Care) is an HMO and PPO plan with a Medicare contract. Enrollment in Care N' Care depends on contract renewal.