



Telehealth Benefit

The quality care you need from the comfort and safety of your home.



Avoid germs in the ER, Urgent Care Clinic, or doctor's office.



See a doctor on your schedule with on-demand virtual visits 24/7, including nights, weekends and holidays.



Get treated for more than 80 common conditions, including colds, flu, allergies and more.



All MDLIVE doctors are board-certified, licensed, telehealth-trained, and have an average of 15+ years of experience to give you superior care.



Get a prescription or short-term refill of an existing one sent to a pharmacy nearby, in less time than your usual doctor visit.



Avoid costly copays and deductibles of the ER and Urgent Care Clinic.

Visit mdlive.com/carencare or Call 833-791-2188 (TTY: 800-770-5531) to learn more!

| Telehealth Service | Care N' Care Classic (HMO) | Southwestern Health Select (HMO) | Care N' Care Choice (PPO) | Care N' Care Choice Plus (PPO) | Care N' Care Choice Premium (PPO) | Care N' Care Choice MA-Only (PPO) |
|----------------------------------|----------------------------|----------------------------------|---------------------------|--------------------------------|-----------------------------------|-----------------------------------|
| Primary Care Physician Services | \$0 copay | \$0 copay | \$0 copay | \$0 copay | \$0 copay | \$0 copay |
| Mental Health Specialty Services | \$25 copay | \$15 copay | \$25 copay | \$25 copay | \$0 copay | \$25 copay |
| Specialty Services | \$0 copay | \$0 copay | \$35 copay | \$25 copay | \$0 copay | \$10 copay |

Note: Wait times may vary, average is less than 15 minutes. Copyright ©2023 MDLIVE Inc. All Rights Reserved. MDLIVE may not be available in certain states and is subject to state regulations. MDLIVE does not replace the primary care physician, is not an insurance product, and may not be able to substitute for traditional in-person care in every case or for every condition. MDLIVE does not prescribe DEA controlled substances and may not prescribe non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. MDLIVE does not guarantee patients will receive a prescription. Healthcare professionals using the platform have the right to deny care if, based on professional judgment, a case is inappropriate for telehealth or for misuse of services. MDLIVE and the MDLIVE logo are registered trademarks of MDLIVE, Inc. and may not be used without written permission. For complete terms of use visit <https://www.MDLIVE.com/terms-of-use/>. Care N' Care Insurance Company, Inc. (Care N' Care) is an HMO and PPO plan with a Medicare contract. Enrollment in Care N' Care depends on contract renewal.