



# Acupuncture

Focuses on an energy or life force that flows through the body.



## Acupuncture for chronic low back pain

Covered services, when medically necessary include:

Up to 12 visits in 90 days are covered for Medicare beneficiaries under the following circumstances:

For the purpose of this benefit, chronic low back pain is defined as:

- Lasting 12 weeks or longer
- Nonspecific, in that it has no identifiable systemic cause (i.e., not associated with metastatic, inflammatory, infectious, etc. disease)
- Not associated with surgery
- Not associated with pregnancy

An additional eight sessions will be covered when medically necessary for those patients demonstrating an improvement. No more than 20 acupuncture treatments may be administered annually. Treatment must be discontinued if the patient is not improving or is regressing.

Plan Name	Acupuncture Service	
	In-Network	Out-of-Network
Care N' Care Classic (HMO)	\$20 copay	Not Available
Southwestern Health Select (HMO)	\$20 copay	Not Available
Care N' Care Choice Premium (PPO)	\$0 copay	30% of the cost
Care N' Care Choice Plus (PPO)	\$20 copay	\$55 copay
Care N' Care Choice (PPO)	\$20 copay	\$60 copay
Care N' Care Choice MA-Only (PPO)	\$20 copay	\$55 copay

### Questions?

Call 1-877-905-9207 (TTY 711) for questions related to Care N' Care Medicare Advantage Plans October 1 - March 31, 8 a.m. to 8 p.m. CST, seven days a week or April 1 - September 30, 8 a.m. to 8 p.m. CST, Monday through Friday.

Care N' Care Insurance Company, Inc. (Care N' Care) is an HMO and PPO plan with a Medicare contract. Enrollment in Care N' Care depends on contract renewal. Note: For full benefit detail, refer to the Evidence of Coverage on the Care N' Care website, at [cnhealthplan.com/our-plans-2024/plan-documents-2024/The American Specialty Health](http://cnhealthplan.com/our-plans-2024/plan-documents-2024/The American Specialty Health) (ASH) logo is a federally registered trademark of ASH and is used with permission herein.