



Over-the-Counter Benefit

Savings easy and convenient from your home



Over-the-counter (OTC) drugs and supplies can be expensive. That's why Care N' Care (HMO/PPO) offers a way to save money on these items and have them conveniently delivered to your home, saving you time and money.

Choose from hundreds of high-quality items in the following categories:



Oral Care



Orthopedic Supports



First Aid



Home Medical



Leg and Foot Care



Skin Care

- Order online or by phone
- Products are shipped directly to your door at no additional cost

Plan Name	Allowance Every 3 Months
Care N' Care Classic (HMO)	\$75
Southwestern Health Select (HMO)	\$100
Care N' Care Choice Premium (PPO)	\$130
Care N' Care Choice Plus (PPO)	\$90
Care N' Care Choice (PPO)	\$90
Care N' Care Choice MA-Only (PPO)	\$75

Questions?

Call 1-877-905-9207 (TTY 711) for questions related to Care N' Care Medicare Advantage Plans October 1 - March 31, 8 a.m. to 8 p.m. CST, seven days a week or April 1 - September 30, 8 a.m. to 8 p.m. CST, Monday through Friday.

Allowance every quarter toward the purchase of select OTC health and wellness items like pain relievers, cough and cold medicine, vitamins, sunscreens and bandages, through a mail order catalog. Orders are shipped by the U.S. postal service at no additional cost. View the catalog at cnhealthplan.com/our-plans-2024/plan-documents-2024/. Care N' Care Insurance Company, Inc. (Care N' Care) is an HMO and PPO plan with a Medicare contract. Enrollment in Care N' Care depends on contract renewal.